



Treatment Programs

At River Oaks Hospital, New Orleans, LA

With a respected national reputation, our programs have provided quality services for individuals from Canada, South America, Europe, and every state in the United States. The programs offer individualized treatment packages that emphasize intensive individual psychotherapy, directive specialty groups, dialectical behavior therapy, expressive therapies, psychoeducational modules, relapse prevention groups, and options for EMDR. Relapse prevention includes identifying triggers, high risk situations, balanced living, boundaries, and adaptive coping resources. Treatment is based on psychodynamic, cognitive-behavioral, and systemic approaches. Treatment may include inpatient hospitalization, partial hospitalization, intensive outpatient treatment, and the specialized Impaired Professional Program. Program selection is based on careful screening and assessment.

Embracing Life



Trauma-Based Disorders Program

This program offers treatment to a diverse trauma population, which includes combat trauma, natural disasters, existential abuse, emotional incest, and sexual abuse. The two tracks are trauma stabilization and trauma resolution. Since trauma has a dissociogenic force, the full spectrum of dissociation is addressed. The goal of this program is to promote healing and recovery utilizing information reprocessing. Grief work and anger management, as well as expressive therapies, are integral components of treatment.

Compulsive Behaviors Program

Services offered address a variety of compulsive behaviors, including sexual compulsion/addiction, paraphilias, addictive relationships, compulsive spending, obsessive relational intrusion, gambling, and self-injury. The majority of clients co-present with other related issues such as substance abuse, eating disorders, depression, and interpersonal difficulties. The model supports the belief that compulsions are related to identifiable sources (e.g., family dysfunction and/or trauma), operate in a predictable pattern (cycle identification), and can benefit from behavioral management techniques (e.g., covert sensitization). Relapse prevention tools are extensively utilized.

The Eating Disorders Track

Trauma and abuse place an individual at risk for the development of eating disturbances, including food restriction, binge eating, purging, compulsive exercise, and body-image distortion. Individualized treatment is designed based on the client's unique needs and includes individual therapy, group therapy, expressive and movement therapies and nutritional guidance. Didactic modules and dialectical behavior therapy help clients increase the ability to tolerate affect without the use of eating disordered symptoms. Clients learn to identify hunger and healthy eating habits. Our track helps clients explore and understand their eating disturbance in the context of trauma.

Through
Acceptance
& Commitment

Healing from Trauma-Based Disorders,
Compulsivity & Eating Disorders

POSTAGE
PAID
TUPELO, MS
PERMIT #290



AT RIVER OAKS

1525 River Oaks Road West
New Orleans, LA 70123
U.S.A.

Savannah, Georgia
November 18, 2011

Asheville, North Carolina
December 2, 2011

Embracing Life

Through Acceptance & Commitment

Healing from Trauma-Based Disorders,
Compulsivity & Eating Disorders



Workshop hosted by: **The New Orleans Institute**
at River Oaks Hospital

Treatment for Trauma-Based Disorders, Compulsive Behaviors & Eating Disorders

About this Workshop

This workshop focuses on the theoretical and clinical advances in psychotherapy within the trauma-based, self-psychology, developmental psychopathology, and attachment disorder perspectives. The topics are primarily oriented to improving clinicians' skills with patients presenting with depression, anxiety, relationship and life-interfering behaviors, eating disorders, paraphilias or sexual disorders and addictions.

Presenters

Daniel A. Glaser, MSW, LCSW

Mr. Glaser is Program Director of the New Orleans Institute Trauma/Compulsivity Programs at River Oaks Hospital. His national presentations have focused on family therapy, group therapy, and healthy sexuality. Mr. Glaser received his Masters Degree in Social Work from Tulane University in New Orleans and completed post-graduate specialty training in mental health and aging, sexual dysfunction, and family therapy. He has served on several graduate faculties, teaching at both the masters and doctoral levels, including teaching psychiatry residents in the Department of Psychiatry at Tulane Medical Center. Mr. Glaser works with clients covering the developmental spectrum – children, adolescents, and adults. Outpatient treatment includes relational therapy, sexual dysfunction, trauma-based disorders, sexual compulsivity, and family therapy.

Dawn Diermann Treigle, MSW, LCSW

Ms. Treigle is the Program Administrator of the New Orleans Institute and Clinical Coordinator of the Intensive Day Treatment Program at River Oaks Hospital. She has been a member of the treatment team since 1992, working at the programs in New Orleans, Louisiana and Torrance, California. Ms. Treigle received her Masters Degree from Tulane University in New Orleans, Louisiana and specializes in the treatment of trauma and compulsivity. She utilizes individual, family and group therapies in the treatment of adults and adolescents, and has been trained in EMDR. Ms. Treigle lectures regionally and nationally as a member of the New Orleans Institute faculty.

Dianne Markel, MSW, LCSW

Ms. Markel, a Clinical Associate to the New Orleans Institute, is a Licensed Clinical Social Worker who is certified in clinical hypnosis by the American Society of Clinical Hypnosis, and has completed advanced training in EMDR. She is experienced in both inpatient and outpatient work, including treatment of adults, adolescents, children, couples and families with sexual trauma, sexual compulsivity and a wide variety of psychiatric disorders. Ms. Markel lectures at workshops and seminars regionally and nationally.

Embracing Life

Through Acceptance & Commitment

Healing from Trauma-Based Disorders, Compulsivity & Eating Disorders

Savannah, Georgia – November 18, 2011
Asheville, North Carolina – December 2, 2011

Agenda

8:30 a.m. – 9:00 a.m.	Registration
9:00 a.m. – 10:30 a.m.	Relational Trauma: Embracing the “I” and Creating a “WE” <i>Daniel A. Glaser, MSW, LCSW</i>
10:30 a.m. – 10:45 a.m.	Break
10:45 a.m. – 12:15 p.m.	Integrative Treatment for Regaining Control of Behavioral Addictions <i>Daniel A. Glaser, MSW, LCSW</i>
12:15 p.m. – 1:15 p.m.	Lunch on your own
1:15 p.m. – 2:45 p.m.	Accepting the Sexual Self: Healing and Growth <i>Dawn Diermann Treigle, MSW, LCSW or Dianne Markel, MSW, LCSW</i>
2:45 p.m. – 3:00 p.m.	Break
3:00 p.m. – 4:30 p.m.	Arousal Reconditioning: Developing a Healthy Sexual Self <i>Dawn Diermann Treigle, MSW, LCSW or Dianne Markel, MSW, LCSW</i>

For more information call **1-800-598-2040** or visit our web site at **www.RiverOaksHospital.com**

2011 Workshop Calendar

Topics for all Workshops are:
**Embracing Life Through Acceptance & Commitment:
Healing from Trauma-Based Disorders, Compulsivity & Eating Disorders**

January 28 & 29	New Orleans, LA	Preferred Provider Conference
February 18	Pensacola Beach, FL	One Day
March 18	Richmond, VA	One Day
April 15	Santa Fe, NM	One Day
May 13	Houston, TX	One Day
June 2	New Orleans, LA Eating Disorders	Breakfast
June 24	Denver, CO	One Day
July 8	Jackson, MS	One Day
September 9	Cincinnati, OH	One Day
October 21	Coral Gables, FL	One Day
November 18	Savannah, GA	One Day
December 2	Asheville, NC	One Day
December 7	New Orleans, LA Trauma	Breakfast

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Objectives

- To be able to integrate emotionally focused couple therapy in the treatment of relational trauma.
- To understand the use of the “PRAISES” model for self intimacy.
- To understand the use of an integrative approach (cognitive/behavioral therapies, values clarification and mindfulness) in the treatment of trauma related issues.
- To understand treatment strategies to regain control of behavioral addictions.
- To teach specific steps in behavioral therapy approaches for the treatment of compulsive sexual behaviors.
- To provide a model for the development of healthy sexual intimacy.
- To broaden understanding of a hierarchy of sexual interaction.
- To enrich sexual healing through intimacy building.

Hotel Information

**When making reservations, reference the New Orleans Institute at River Oaks Hospital.*

Workshop	Location	Room Rate	Hotel Reservation Deadline
Savannah, GA November 18, 2011	AVIA Savannah 14 Barnard Street Savannah, GA 31401	\$159 single or double Reservations: (912) 233-2116*	October 3, 2011
Asheville, NC December 2, 2011	Renaissance Hotel One Thomas Wolfe Plaza Asheville, NC 28801	\$159 single or double Reservations: (828) 252-8211*	November 1, 2011

Registration

Name _____ Discipline _____
Address _____
City _____ State _____ Zip _____
Phone _____ Daytime _____
Agency _____
E-Mail Address _____
Address _____
City _____ State _____ Zip _____
Workshop Fees: _____ Call for student and group rates: 1-800-598-2040
\$80 1 month prior to workshop \$100 thereafter \$120 at the door
Charge \$ _____ to my MasterCard Visa Discover American Express
Credit Card # _____ Expiration Date _____
Signature _____

Make checks payable to River Oaks Hospital • Advance Registration is Required • Enrollment is Limited

Attending:	Workshop Registration Deadline:
<input type="checkbox"/> Savannah, GA – November 18, 2011	November 11, 2011
<input type="checkbox"/> Asheville, NC – December 2, 2011	November 25, 2011
Register: By phone: 1-800-598-2040 Online: www.riveroakshospital.com E-Mail: Barbara.Bolongaro@uhsinc.com	By mail: River Oaks Hospital, 1525 River Oaks Road West New Orleans, LA 70123

NO REFUNDS WILL BE MADE ONE WEEK PRIOR TO THE WORKSHOP.

Refund Policy: It is the policy of River Oaks to honor requests for refunds of fees paid by participants for any seminar if the following conditions have been met. The cancellation of participant must be received in writing postmarked at least 2 weeks prior to the date of the seminar if sent by mail, or received at least 1 week prior to the date of the seminar if sent by fax. No requests for refunds will be honored if received within 1 week of the date of the seminar. If a participant does not cancel within the time frames specified in order to receive a full refund, that participant will be offered the opportunity to attend a comparable seminar hosted by River Oaks. In the unlikely event of River Oaks Hospital having to cancel the workshop, it is our policy to refund the fee in full.

Continuing Education Credits: River Oaks Hospital is approved by the National Board for Certified Counselors to offer continuing education activities for National Certified Counselors. We adhere to NBCC continuing education guidelines. River Oaks Hospital is approved by **American Psychological Association (APA)** to offer continuing education for Psychologists. River Oaks Hospital maintains responsibility for the program. This program has been approved for 6 (Clinical) continuing contact hours by the **National Association of Social Workers, Louisiana Chapter** as authorized by the **Louisiana State Board of Social Worker Examiners**, and may be applied toward the continuing education requirements for licensure renewal. **A Certificate of Attendance from The New Orleans Institute** will be provided to all workshop attendees for **6 Clock Hours**.

Georgia: NASW GA Chapter has approved the program for a total of 6 core continuing education clock hours for social work licensing purposes.

GAMFT approved for 6 core continuing education hours. Approval ID # 72.2011

California: Board of Behavioral Science PCE 2597 **Florida:** Certification Board Approval # 5023-A
If you are seeking continuing education credits for a specialty not listed above, it is your responsibility to contact your licensing/certification board directly to determine eligibility of this training to meet your CEU requirements.

Preferred Provider Network: Workshop attendees are eligible to become members of our preferred provider network. Sign up at the workshop.